

MOSAIC Meeting
Monday, January 8, 2007

I New Introductions- Thank you to Kathy with Dr. Harvey's Allergy office for attending. She said she is willing to teach epi-pen training in schools or groups.

II DON'T FORGET:

New Email Address - admin@mosaickids.org

Website Under Construction - www.mosaickids.org

III Linda - NAET Treatments

Thank you to Linda for speaking to us about her NAET (Nambudpad (sp?) Allergy Elimination Treatment) treatments for her son (2½). Linda went to Eve Forik (did I spell that right?) Linda is a nurse, so she understands how "voodoo" this treatment may sound. It is a process testing the energy flow. You hold your child - skin to skin contact- and then you hold the "vial" of a "magnetic fingerprint of the substance." If the adult is unable to hold the vial with arm outstretched, this means your child has an allergy to the substance. The idea is to align the brain and the body. It may fall under acupressure for insurance purposes, but it all depends on your insurance. The acupressure is done when you hold the vial of the allergen together with your child.

The process is about \$80 for the first treatment and if you buy a package of appointments it ends up to be about \$52 each hour time. Linda's son began the process having huge reactions from egg simply from skin contact and now he is able to hold an egg in the shell. He did have a reaction after holding a raw egg and then touching his eye. Overall, Linda says her son has had only minor reactions when in contact with egg. She has not food challenged him to egg yet. She isn't trying to endorse NAET treatments, but wanted to share with us her experience. Linda, please update us with any new progress with her son and thank you for sharing your story. Also, if I have made any errors in telling your story, please let me know!

Ellen tried this process with Dr. Cortini and when her son had been "cleared" of the allergen, he had an anaphylactic reaction after his food challenge.
If anyone else has any NAET stories to share, please email the group.

IV Speakers for 2007 - Please let me know if you have ideas for a speaker for our group! **Linda**, please let me know what date will work for the Eve Forik, the NAET speaker, to visit the group.

-Dr. Atkins - February 5 meeting

-Immunizations? Nutritionist?

-School Nurse (Douglas County?)

V Questions for Dr. Atkins

-Please forward any questions you may have now to me and Meredith will be sending them on to Dr. Atkins! Thank you!

VI Discussion

-Check out www.babycenter.com for allergy information

-New magazine - Allergic Living - www.allergicliving.com

-Will be producing a list of allergy friendly schools - Denver Christian is highly recommended

-Kri really liked the book by Coss, "Managing Your Child's Food Allergies." It is now passed on to another member of the group.

-Understanding some allergy language regarding the Immuno Cap tests. Dr. Danny said most Immuno Cap tests are done in a similar way. It is rare to find anyone using the old way of testing called the "RAST" test and the results are very different.

-According to 10 year old research, avoidance is still the best way to outgrow allergies. There is no great research saying your child's numbers are going up because they are getting "trace" amounts of that protein. Your child's numbers could be going up do to their overall IGE level at the time – look at when your child's tests are being done, in the summer/spring/winter or fall. Their seasonal allergies may be affecting their food numbers. Also remember that those Immuno Cap numbers can go up and down and there are no reasons for it.

-The North Carolina peanut study involving giving measured amounts of the peanut protein to the peanut allergic child may show promise. But, Dr. Danny pointed out in a previous study done, a child did die.

-Kri mentioned that if your child has an Immuno Cap result for wheat between 1-20, it may mean they do not have a wheat allergy. If it is over 20, then you have a 95% chance of having a wheat allergy.

-For those avoiding wheat/gluten, I used the Arrowhead Mills Pizza Crust mix (soy, yeast, rice, potato starch) and it is very sticky to use, but Nick really likes it. I also made breadsticks and put the larger salt on them. It looks a little funny, but even I liked it!

-I have found the Brach's conversation hearts at King Soopers. They have cute little packages of them to give out too. They do not say "may contain or processed in". They have several other items too, be sure to buy early to be prepared!

DR. DANNY – If I have written anything in error, please let me know and I will make changes!!!

Next Meeting-Monday, February 5 with Dr. Atkins at 630pm at Lone Tree Library

PLEASE RSVP to admin@mosaickids.org

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