

BEAU'S SUGAR COOKIE RECIPE - *Free of milk, egg, peanut/tree nut

3 cups flour

2tsp baking powder

1/2 cup applesauce

1 cup sugar

1tsp baking soda

1 cup shortening

4 Tbls soy milk

1 1/2 tsp lemon extract (I think this is the secret that makes them soooo good) Sift flour, baking soda, baking powder, and shortening. Mix until mealy or lumpy and set aside. Mix applesauce milk and sugar and lemon extract together. Mix all together and roll and cut. Bake at 350 until real light brown. Frosting: powdered sugar, soy milk, lemon and butter.