

CHICKEN CHILI

*Free of wheat, milk, egg, peanut/tree nut

6 chicken breasts-boil and cut to bite size pieces

1 medium onion chopped

1 green bell pepper chopped

1 tb vegetable oil

2 cloves garlic-minced

1-15oz can pinto beans – drained

2-16 oz cans chopped tomatoes

1-10oz can rotel tomatoes (I use the mild)

1 tsp chili powder

1 tsp ground cumin

¼ tsp salt

1 cup Pace Picanta sauce (I use the mild)

Sauté green pepper and onions in the vegetable oil. Mix all ingredients and cook in crock pot for 1 day.

Optional: Top with cheddar cheese and green onions